

# HOW DO CHILDHOOD FEARS CHANGE OVERTIME?



## Aim - What are we trying to show?

Our aim is to discover what age childhood fears develop and what the most common childhood fears are among different age groups and what the main cause is.

## Hypothesis - What do we think the result will be?

We think that the most common fears will be failure and death, with the main cause being 'encountering my fear will end in pain and suffering'. This is because these practical fears can occur very easily, and can end with the worst effects on people.

## Method - How did we complete this project?

We made a survey on Google Forms to collect as much data as possible.

We sent out the form to everyone that we could, including classmates, teachers, relatives, and friends. After we collected our data, we used Google Docs to organise our results and put them into pie graphs.

## Reference list

"Fears and Phobias (for Teens) - Nemours KidsHealth." Kids Health, <https://kidshealth.org/en/teens/phobias.html>. Accessed 19 September 2022.

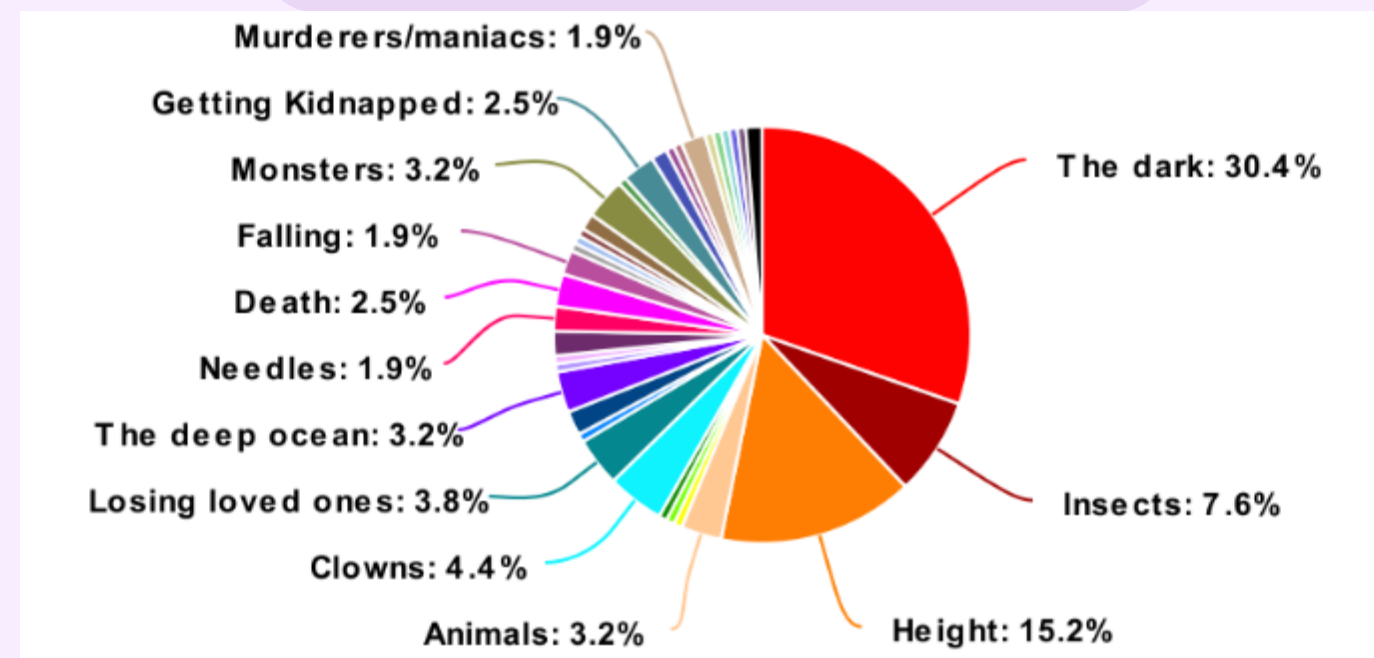
Horn, Allyson. "Phobias: The ten most common fears people hold." ABC, 1 May 2015, <https://www.abc.net.au/news/2015-05-01/ten-of-the-most-common-phobias/6439210>. Accessed 19 September 2022.

## Results - What was the outcome?

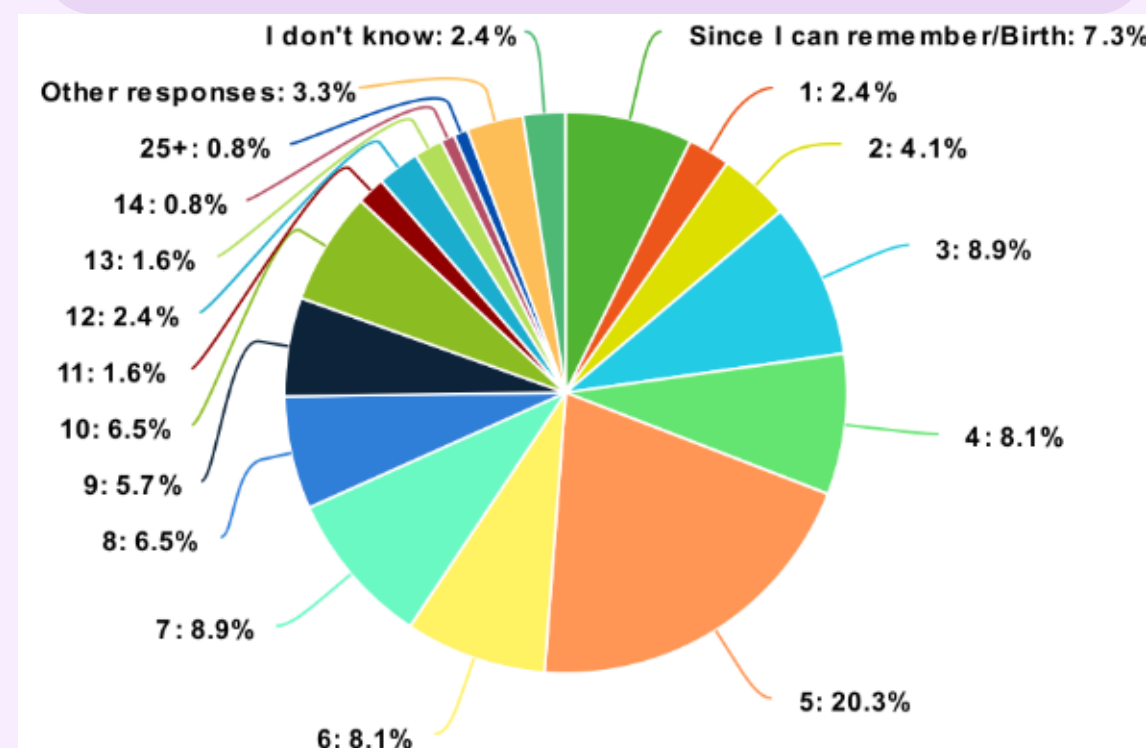
To sum up our investigation, 79.8% of people (140 votes) had childhood fears, in which the most common childhood fear was the dark with 30.4% (48 votes) but as people got older the dark decreased into 5.3%. Death went from 2.5% as a childhood fear to 9%. 20.3% of people (25 votes) who have had childhood fears developed their fears at 5 years old.

The most common fear in 12-18 years olds (83.7% of votes) is failure with 12.2% (23 votes) with the most common reasoning being 'I get panicked from it.' with 23% (40 votes).

## What was your childhood fear?



## When did your childhood fear develop?



## Conclusion - What can we say about this project?

To sum up, childhood fears tend to be irrational such as the dark and clowns but as people grow older their brain develops more, and they tend to grow out of the irrational fears and into rational fears such as death or failure.

Irrational and rational fears can develop due to physical, emotional, or psychological factors in someone's personal life.

## Problems and Limitations

We had trouble reaching out to a variety of people in different age groups but we were able to resolve this by asking our parents to share the survey and teachers to ask other students to do it as well.

Unfortunately, only individuals at our school could access the form, so some people had to complete the survey on a computer that had access. We could have solved this problem by making hard copies of the survey and handing them out.

## What is your biggest fear right now?

